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| **CALOUNDRA LITTLE ATHLETICS**  **In conjunction with USCAC**  **OPEN DAY PROGRAM**  **Events may be brought forward up to 30 minutes to times listed.** | | | | | | | | | |
|  |  | |  |  |  |  |  |  |  |
|  | **TRACK** | |  |  |  |  | **FIELD** |  |  |
| **TIME** | **EVENT** | | **AGE** | **GENDER** |  | **TIME** | **EVENT** | **AGE** | **GENDER** |
| **8.30am** |  | |  |  |  | **8.30am** |  |  |  |
| 1-4 | 1500m | | 15-OPEN | BOYS |  | 17 | SHOT PUT | 6 | BOYS |
| 5-8 | 1500M | | 15-OPEN | GIRLS |  | 18 | SHOT PUT | 6 | GIRLS |
| 9 | 1500M | | 14 | BOYS |  | 19 | DISCUS | 8 | BOYS |
| 10 | 1500M | | 14 | GIRLS |  | 20 | DISCUS | 8 | GIRLS |
| 11 | 1500M | | 13 | BOYS |  | 21 | HIGH JUMP | 10 | BOYS |
| 12 | 1500M | | 13 | GIRLS |  | 22 | HIGH JUMP | 10 | GIRLS |
| 13 | 1500M | | 12 | BOYS |  | 23 | LONG JUMP | 9 | BOYS |
| 14 | 1500M | | 12 | GIRLS |  | 24 | LONG JUMP | 9 | GIRLS |
| 15 | 1500M | | 11 | BOYS |  | 25 | TRIPLE JUMP | 11 | BOYS |
| 16 | 1500M | | 11 | GIRLS |  |  |  |  |  |
|  |  | |  |  |  |  |  |  |  |
| **9.30am** |  | |  |  |  | **9.15am** |  |  |  |
| 51 | 70M | | 7 | BOYS |  | 26-30 | SHOT PUT | 14-OPEN | BOYS |
| 52 | 70M | | 7 | GIRLS |  | 31-35 | SHOT PUT | 14-OPEN | GIRLS |
| 53 | 70M | | 10 | BOYS |  | 36 | DISCUS | 13 | BOYS |
| 54 | 70M | | 10 | GIRLS |  | 37 | DISCUS | 13 | GIRLS |
| 55 | 70M | | 9 | BOYS |  | 38 | HIGH JUMP | 11 | BOYS |
| 56 | 70M | | 9 | GIRLS |  | 39 | HIGH JUMP | 11 | GIRLS |
| 57 | 70M | | 8 | BOYS |  | 40 | TRIPLE JUMP | 12 | BOYS |
| 58 | 70M | | 8 | GIRLS |  | 41-45 | LONG JUMP | 14-OPEN | BOYS |
| 59 | 70M | | 6 | BOYS |  | 46-50 | LONG JUMP | 14-OPEN | GIRLS |
| 60 | 70M | | 6 | GIRLS |  |  |  |  |  |
|  |  | |  |  |  |  |  |  |  |
| **10:00am** |  | |  |  |  | **10.00am** | |  |  |
| 70 | 1100W | | 11 | BOYS |  | 61 | SHOT PUT | 10 | BOYS |
| 71 | 1100W | | 11 | GIRLS |  | 62 | SHOT PUT | 10 | GIRLS |
| 72 | 1100W | | 10 | BOYS |  | 63 | DISCUS | 7 | BOYS |
| 73 | 1100W | | 10 | GIRLS |  | 64 | DISCUS | 7 | GIRLS |
| 74 | 700W | | 9 | BOYS |  | 65 | HIGH JUMP | 9 | BOYS |
| 75 | 700W | | 9 | GIRLS |  | 66 | HIGH JUMP | 9 | GIRLS |
| 76-82 | 1500W | | 12-OPEN | BOYS |  | 67 | LONG JUMP | 8 | BOYS |
| 83-89 | 1500W | | 12-OPEN | GIRLS |  | 68 | LONG JUMP | 8 | GIRLS |
|  |  | |  |  |  | 69 | TRIPLE JUMP | 12 | GIRLS |
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|  |  | |  |  |  |  |  |  |  |
|  | **TRACK Cont.** | | |  |  |  | **FIELD Cont.** | |  |
| **11:00am** |  | |  |  |  | **10.45am** | |  |  |
| 107 | 100M | | 17-99 | BOYS |  | 90 | SHOT PUT | 13 | BOYS |
| 108 | 100M | | 17-99 | GIRLS |  | 91 | SHOT PUT | 13 | GIRLS |
| 109 | 100M | | U17 | BOYS |  | 92-96 | DISCUS | 14-OPEN | BOYS |
| 110 | 100M | | U17 | GIRLS |  | 97-101 | DISCUS | 14-OPEN | GIRLS |
| 111 | 100M | | U16 | BOYS |  | 102 | HIGH JUMP | 12 | BOYS |
| 112 | 100M | | U16 | GIRLS |  | 103 | HIGH JUMP | 12 | GIRLS |
| 113 | 100M | | 15 | BOYS |  | 104 | LONG JUMP | 6 | BOYS |
| 114 | 100M | | 15 | GIRLS |  | 105 | LONG JUMP | 6 | GIRLS |
| 115 | 100M | | 14 | BOYS |  | 106 | TRIPLE JUMP | 11 | GIRLS |
| 116 | 100M | | 14 | GIRLS |  |  |  |  |  |
| 117 | 100M | | 13 | BOYS |  |  |  |  |  |
| 118 | 100M | | 13 | GIRLS |  | **11.30pm** | |  |  |
| 119 | 100M | | 12 | BOYS |  | 133 | SHOT PUT | 8 | BOYS |
| 120 | 100M | | 12 | GIRLS |  | 134 | SHOT PUT | 8 | GIRLS |
| 121 | 100M | | 11 | BOYS |  | 135 | DISCUS | 10 | BOYS |
| 122 | 100M | | 11 | GIRLS |  | 136 | DISCUS | 10 | GIRLS |
| 123 | 100M | | 6 | BOYS |  | 137-141 | TRIPLE JUMP | 14-OPEN | BOYS |
| 124 | 100M | | 6 | GIRLS |  | 142-146 | TRIPLE JUMP | 14-OPEN | GIRLS |
| 125 | 100M | | 10 | BOYS |  | 147 | LONG JUMP | 7 | BOYS |
| 126 | 100M | | 10 | GIRLS |  | 148 | LONG JUMP | 7 | GIRLS |
| 127 | 100M | | 9 | BOYS |  |  |  |  |  |
| 128 | 100M | | 9 | GIRLS |  |  |  |  |  |
| 129 | 100M | | 8 | BOYS |  | **1.00pm** |  |  |  |
| 130 | 100M | | 8 | GIRLS |  | 167 | SHOT PUT | 9 | BOYS |
| 131 | 100M | | 7 | BOYS |  | 168 | SHOT PUT | 9 | GIRLS |
| 132 | 100M | | 7 | GIRLS |  | 169 | DISCUS | 11 | BOYS |
|  |  | |  |  |  | 170 | DISCUS | 11 | GIRLS |
|  |  | |  |  |  | 171 | HIGH JUMP | 13 | BOYS |
| **1.00pm** |  | |  |  |  | 172 | HIGH JUMP | 13 | GIRLS |
| 149 | 400M | | 11 | BOYS |  | 173 | LONG JUMP | 10 | BOYS |
| 150 | 400M | | 11 | GIRLS |  | 174 | LONG JUMP | 10 | GIRLS |
| 151 | 400M | | 12 | BOYS |  |  |  |  |  |
| 152 | 400M | | 12 | GIRLS |  | **1.45pm** |  |  |  |
| 153 | 400M | | 13 | BOYS |  | 175 | SHOT PUT | 12 | BOYS |
| 154 | 400M | | 13 | GIRLS |  | 176 | SHOT PUT | 12 | GIRLS |
| 155 | 400M | | 14 | BOYS |  | 177 | DISCUS | 9 | BOYS |
| 156 | 400M | | 14 | GIRLS |  | 178 | DISCUS | 9 | GIRLS |
| 157 | 400M | | 15 | BOYS |  | 179-183 | HIGH JUMP | 14-OPEN | BOYS |
| 158 | 400M | | 15 | GIRLS |  | 184-188 | HIGH JUMP | 14-OPEN | GIRLS |
| 159-161 | 400M | | 16-OPEN | BOYS |  | 189 | LONG JUMP | 11 | BOYS |
| 162-164 | 400M | | 16-OPEN | GIRLS |  | 190 | LONG JUMP | 11 | GIRLS |
| 165 | 400M | | 10 | BOYS |  | 191 | TRIPLE JUMP | 13 | GIRLS |
| 166 | 400M | | 10 | GIRLS |  |  |  |  |  |
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|  | **TRACK Cont.** | | |  |  | **FIELD Cont.** | | |  |
| **2.00pm** |  | |  |  |  | **2.30pm** |  |  |  |
| 192 | 200M | | 7 | BOYS |  | 216 | SHOT PUT | 11 | BOYS |
| 193 | 200M | | 7 | GIRLS |  | 217 | SHOT PUT | 11 | GIRLS |
| 194 | 200M | | 8 | BOYS |  | 218 | LONG JUMP | 12 | BOYS |
| 195 | 200M | | 8 | GIRLS |  | 219 | LONG JUMP | 12 | GIRLS |
| 196 | 200M | 10 | | GIRLS |  | 220 | TRIPLE JUMP | 13 | BOYS |  |
| 197 | 200M | | 10 | GIRLS |  |  |  |  |  |
| 198 | 200M | | 9 | BOYS |  | **3.15pm** |  |  |  |
| 199 | 200M | | 9 | GIRLS |  | 221 | DISCUS | 12 | BOYS |
| 200/202/204 | 200M | | 16-OPEN | BOYS |  | 222 | DISCUS | 12 | GIRLS |
| 201/203/205 | 200M | | 16-OPEN | GIRLS |  | 223 | LONG JUMP | 13 | BOYS |
| 206 | 200M | | 15 | BOYS |  | 224 | LONG JUMP | 13 | GIRLS |
| 207 | 200M | | 15 | GIRLS |  | 225 | SHOT PUT | 7 | BOYS |
| 208 | 200M | | 13 | BOYS |  | 226 | SHOT PUT | 7 | GIRLS |
| 209 | 200M | | 13 | GIRLS |  | 259/260 | JAVELIN | 11 | B & G |
| 210 | 200M | | 14 | BOYS |  | **3.45pm** |  |  |  |
| 211 | 200M | | 14 | GIRLS |  | 245/246 | JAVELIN | 12 & 13 | BOYS |
| 212 | 200M | | 12 | BOYS |  | 247/248 | JAVELIN | 12 & 13 | GIRLS |
| 213 | 200M | | 12 | GIRLS |  | 249-253 | JAVELIN | 14-OPEN | BOYS |
| 214 | 200M | | 11 | BOYS |  | 254-258 | JAVELIN | 14-OPEN | GIRLS |
| 215 | 200M | | 11 | GIRLS |  |  |  |  |  |
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| **3.30pm** |  | |  |  |  |  |  |  |  |
| 227 | 800M | | 10 | BOYS |  |  |  |  |  |
| 228 | 800M | | 10 | GIRLS |  |  |  |  |  |
| 229 | 800M | | 14 | BOYS |  |  |  |  |  |
| 230 | 800M | | 14 | GIRLS |  |  |  |  |  |
| 231 | 800M | | 15 | BOYS |  |  |  |  |  |
| 232 | 800M | | 15 | GIRLS |  |  |  |  |  |
| 233-235 | 800M | | 16-OPEN | BOYS |  |  |  |  |  |
| 236-238 | 800M | | 16-OPEN | GIRLS |  |  |  |  |  |
| 239 | 800M | | 11 | BOYS |  |  |  |  |  |
| 240 | 800M | | 11 | GIRLS |  |  |  |  |  |
| 241 | 800M | | 12 | BOYS |  |  |  |  |  |
| 242 | 800M | | 12 | GIRLS |  |  |  |  |  |
| 243 | 800M | | 13 | BOYS |  |  |  |  |  |
| 244 | 800M | | 13 | GIRLS |  |  |  |  |  |
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