

CALOUNDRA MEMBER NOMINATION FORM FOR LAQ REGIONAL CHAMPIONSHIPS:

Nom.'s AND Fee's must be lodged through your Centres.														
Shaded boxes indicate events which ARE NOT available to that age group	EVENTS		U7	U8	U9	U 10	U11	U12	U13	U14	U15	U16	U17	
	Sprints	70												
		100												
		200												
	Middle/ Distance	400												
		800												
		1500												
	Walks				700	1100	1100	1500	1500	1500	1500	1500	1500	
	Hurdles	Sprint		60	60	60	60	60	80	G-80				
										B-90	G-90	G-90	G-100	
											B-100	B-100	B-110	
		200												
		300												
High Jump														
Long Jump														
Triple Jump														
Discus														
Javelin														
Shot Put														

Surname _____ Contact ph/email _____

First Name _____ B / G U/ _____ Rego No. _____ No Events _____ Fees \$ _____

First Name _____ B / G U/ _____ Rego No. _____ No Events _____ Fees \$ _____

NOMINATION FEES: U7 to U17 \$15 Flat Fee : maximum of five (5) events : **CLOSING DATE: Friday 18th January - No late nominations will be accepted**

Either: Complete form and return with payment (Cash or EFTPOS) on Fri 11th or 18th January

Or: Complete form and pay by Electronic Transfer to: Bendigo Bank, Caloundra Branch Little Athletics, BSB:633-000, Account:137566147

(Athletes Surname and Rego No/s for reference). Note: Electronically Record "proof of payment" eg via screen shot.

Then forward the completed form and proof of payment to Email: events@littleaths.org.au

(a) CLAC is not responsible for any lost nominations that were not sent to above email (b) Nominations will NOT be processed until Proof of payment is received.